

PEARLS



Practical Evidence About Real Life Situations

Insufficient evidence for prophylactic antibiotics for women with meconium-stained amniotic fluid

Clinical question

How effective are prophylactic antibiotics for meconium-stained amniotic fluid (MSAF) during labour in preventing maternal and neonatal infections?

Bottom line

Compared to placebo, antibiotics for MSAF in labour may reduce chorioamnionitis. There was no evidence antibiotics could reduce postpartum endometritis, neonatal sepsis and neonatal intensive care unit (NICU) admission. No serious adverse effects were reported.

Caveat

This review was based on a single study involving 120 participants. The trial was of high methodological quality, based on adequate random allocation concealment. However, the sample size was not big enough to reach any firm conclusions.

Context

Pregnant women with MSAF are more likely to develop maternal complications, including chorioamnionitis and endometritis, and neonatal complications, such as neonatal sepsis, and the need for admission to a NICU. Foetal stress or hypoxia may trigger gasping foetal respirations which result in the aspiration of meconium.

Cochrane Systematic Review

Siriwachirachai T et al. Antibiotics for meconium-stained amniotic fluid in labour for preventing maternal and neonatal infections. Cochrane Reviews, 2010, Issue 12. Article No. CD007772. D0I:10.1002/14651858.CD007772.pub2.

This review contains 1 study involving 120 participants.

PEARLS No. 311, May 2011, written by Brian R McAvoy.

PEARLS are succinct summaries of Cochrane Systematic Reviews for primary care practitioners – developed by the Cochrane Primary Care Field, New Zealand Branch of the Australasian Cochrane Centre at the Department of General Practice and Primary Health Care, University of Auckland and funded by the New Zealand Guidelines Group. New Zealanders can access the Cochrane Library free via www.nzgg.org.nz

PEARLS provide guidance on whether a treatment is effective or ineffective. PEARLS are prepared as an educational resource and do not replace clinician judgement in the management of individual cases. View PEARLS online at: www.nzdoctor.co.nz; www.nzgg.org.nz; www.cochraneprimarycare.org



