

Screening for abdominal aortic aneurysm

| Clinical question | How effective is ultrasound screening for abdominal aortic aneurysm (AAA)? |
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| Bottom line | Ultrasound screening, followed by appropriate management, significantly reduced deaths from AAA in men aged 65 to 79 years (NNS *322 to 1312). There was insufficient evidence to demonstrate benefit in women. The costeffectiveness of a coordinated population-based screening programme may be acceptable but this needs further expert analysis. *NNS = number needed to screen to prevent a death from AAA |
| Caveat | The incidence of AAA in women is lower than for men. All-case mortality was not significantly different betweenscreened and unscreened groups three to five years after screening, which is to be expected given the relative infrequency of AAA as a cause of death. The "high NNS" is similar to other screening procedures. |
| Context | AAA is found in 5-10% of men aged 65 to 79 years. The major complication is rupture, which has a mortality of 80% for patients reaching hospital, and 50% for those undergoing surgery for emergency repair. Currently elective surgical repair is recommended for aneurysms discovered to be larger than 5.5 cm to prevent rupture. |
| Cochrane Systematic Review | Cosford PA, Leng GC. Screening for abdominal aortic aneurysm. <i>Cochrane Database of</i> <i>Systematic Reviews</i> 2007, Issue 2. Art. No.: CD002945. DOI: 10.1002/14651858.CD002945.pub2. This review contains 4 trials involving 127,891 men and 9,342 women. |
| Pearls No. 26 October 2007, written by Brian R McAvoy | |

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